

COLLEGE OF CHARLESTON

Honors College General Education Requirements for B.S. IN PHYSICAL EDUCATION with Health Promotions Concentration

A. English Composition (6 hours): HONS 105 _____

HONS 106 _____

B. History (6 hours): HONS 120 _____

HONS 130 _____

*If AP credit for HIST 101 & 102, student is exempt from HONS 130. HONS 120 & 130 satisfy 6 hours of the Humanities requirement, in addition to the History requirement.

C. Natural Science Sequence (8 hours): BIOL 111 or

HONS 151 _____

BIOL 112 or
HONS 152 _____

D. Math Requirement: MATH 120 _____

*MATH 120 or HONS 115 plus either HONS 215 or any 200-level MATH course.

E. Foreign Language Requirement: _____

*Completion through 202 or exemption test. Student must take a subsequent course with a "C" or better to obtain credit for courses they place out of within the first year at CofC.

F. Humanities: _____

*6 hours from literature, fine arts, (excluding studio art, practice & performance of music, stagecraft), religious studies, history (excluding HIST 101 & 102) or philosophy (excluding PHIL 215, 216 & 127). You can also satisfy some or all of the Humanities requirement with Honors Humanities courses. 6 credits are satisfied with HONS 120 & 130.

G. Social Science: PSYC or SOCY _____

PSYC or SOCY _____

H. Additional Honors Classes _____

I. Tutorial/Independent Study (3 hours): _____

J. Bachelor's Essay (6 hours): _____

REQUIREMENTS FOR B.S. IN PHYSICAL EDUCATION with Health Promotions Concentration

You must achieve a minimum cumulative GPA of 2.00 in major area courses.

CORE COURSES :

			Credits	Prerequisite Notes
PEHD 201	Introduction to Physical Education	_____	(3)	_____
HEAL 216	Personal & Community Health	_____	(3)	_____
PEHD 330	Kinesiology	_____	(3)	_____
PEHD 340	Exercise Physiology	_____	(4)	_____
PEHD 431	Tests & Measurements	_____	(3)	_____
PEHD 458	Organizational & Administration of Physical Ed	_____	(3)	_____
HEALTH PROMOTIONS CONCENTRATION Requirements (23 hrs):				
HEAL 225	Consumer Health	_____	(3)	_____
HEAL 240	Worksite Wellness	_____	(3)	_____
HEAL 257	Nutrition Education	_____	(3)	_____
HEAL 325	Worksite Health Promotion	_____	(3)	_____
PEHD 210	Concepts in Fitness Assessments & Exercise	_____	(3)	_____
Choose any 300 or 400-level HEAL course 3-6 credit hours				
HEAL	300 or 400-level Health Elective	_____	(3)	_____
BIOLOGY Prerequisite Requirement (16 hrs):				
BIOL 111	Intro to Cell and Molecular Biology	_____		
or				
HONS 151		_____	(3)	_____
BIOL 111L	Intro to Cell and Molecular Biology Lab	_____	(1)	_____
BIOL 112	Evolution, Form & Function of Organisms	_____		
or				
HONS 152		_____	(3)	_____
BIOL 112L	Evolution, Ecology & Biology of Organisms Lab	_____	(1)	_____
BIOL 201	Human Physiology	_____	(4)	_____
BIOL 202	Human Anatomy	_____	(4)	_____
COGNATE Requirement (12 hrs):				
PSYC 103	General Psychology	_____	(3)	_____
Nine additional hours of Psychology				
PSYC	Psychology Elective	_____	(3)	_____
PSYC	Psychology Elective	_____	(3)	_____
PSYC	Psychology Elective	_____	(3)	_____
or				
SOCY 101	Introduction to Sociology	_____	(3)	_____
Nine additional hours of Sociology				
SOCY	Sociology Elective	_____	(3)	_____
SOCY	Sociology Elective	_____	(3)	_____
SOCY	Sociology Elective	_____	(3)	_____

Notes: