

JUST CAN'T MEMORIZE? MATCH YOUR MEMORIZING STRATEGY TO YOUR LEARNING STYLE!

*Why is it so hard to memorize? Choose Memorizing Strategies
that work best with your Learning Style*!*

If you are a...	Try...
<p>Visual Learner (Likes Diagrams, Pictures, Slides, Colors, Symbols, Highlighting)</p>	<ul style="list-style-type: none"> • System of Loci: Visualize a very familiar location--home, or the route you walk to school/office, and 'place' items to be memorized on 'route' • Visual Organizers: Turn lecture notes and readings into compare/contrast charts, graphs, drawings, concept maps, etc. Need help doing this? See the <i>Visual Organizers</i> handout available at the CSL • Visual Associations: Use a familiar visual image to picture the new thing you need to learn. Ex. the Spanish word for 'bread' is 'el pan'. Picture a pan that is used for baking bread, and you will remember the word
<p>Aural (Auditory) Learner (Likes to Discuss, Explain Ideas Out Loud, Tape Record, Remember Stories/Examples, Study Aloud with a Partner)</p>	<ul style="list-style-type: none"> • Repetition: Choose a small 'chunk' of information to memorize, repeat it over and over, then add another piece, then another... • Mnemonic Devices: Rhymes, Songs, 'Catchy' Acronyms and Acrostics
<p>Reading/Writing Learner (Likes Lists, Handouts, Lots of Note Taking, Manuals/Workbooks)</p>	<ul style="list-style-type: none"> • Memory Cards: Create flashcards • Summarize: Write summaries of readings, lecture notes
<p>Kinesthetic (Active) Learner (Likes Field Trips, Labs, Real-life Examples, Trial and Error, Problem-solving)</p>	<ul style="list-style-type: none"> • Problem-solving: Ask professor for extra problems to work, create practice test questions, quiz with a study partner, re-do experiments • Role-Play: 'Act out' the information you need to memorize, then re-create on test day

*Learning Styles adapted from VARK Questionnaire www.vark-learn.com

Need More Information? Visit
The Center for Student Learning
at the Addlestone Library
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