



**SEPTEMBER 9, 2005**

## **HOW YOU CAN HELP KATRINA VICTIMS!**

**BEADS FOR NEED:** support Katrina relief efforts by selling MARDI GRAS beads for a dollar, with proceeds going directly to the American Red Cross. Sign out a pack of 50 beads from SGA on the 4<sup>th</sup> floor of the Stern Center.

**COLLEGE TO COLLEGE AID** is a program created to link students to other students that have been affected by disaster and provide support for displaced students. By donating to this program you can help provide books, winter clothes, or help pay for school. If you would like to donate or get involved contact Katherine Cofer at [coferk@cofc.edu](mailto:coferk@cofc.edu).

**ALTERNATIVE BREAKS:** a number of groups are currently organizing trips to areas that have been affected by the hurricane. If you are interested in participating or leading a trip, please contact the CHEC Center for more information.

### **CHARLESTON EVENTS!**

**LOWCOUNTRY HEART WALK** on September 24<sup>th</sup> at 9am needs volunteers to walk 3 miles through downtown Charleston while helping to fight against the nation's #1 and #3 killers - Heart Disease and Stroke. The walk will start at Liberty Square, and afterwards enjoy live entertainment and a health fair.

Call: (843)853-1597

### **GET INVOLVED, VOLUNTEER!**

**BIG BROTHERS BIG SISTERS** is looking for students to spend one hour per week during the school day mentoring a child at Memminger Elementary School.

Call: 266-5238 Website: [www.becomeabig.org](http://www.becomeabig.org)

**HEARTLAND HOSPICE** has great volunteer opportunities to share your time, knowledge, and heart with hospice clients through friendly visits, emotional support, and much more.

Call: Eric B. Wilson (843) 766-7646

## **DASH FOR TRASH: OCTOBER 8, 2005!**

In this litter-collecting scavenger hunt, each type of litter will have a point value associated with it (bag of cigarette butts—5 pts, trash bag of used batteries—10 pts, bagged dog litter—10 pts!), and the student team that picks up the most litter and accumulates the most points will win prizes. Register your team of up to 10 people with CHEC.



### **KEEP IN TOUCH WITH US**

E-mail: [chec@cofc.edu](mailto:chec@cofc.edu)

Phone: (843) 953-5838

Hours: by appt.

203 in Lightsey Conference Center

Send us an email to be removed from this list.